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MONDAY, JULY 1, 2019

Metro's Weather Report

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87° | 70°	90° | 70°	93° | 72°	93° | 74°	92° | 74°
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After surprise Trump-Kim meeting, US and North Korea to reopen talks

Both leaders agreed to visit each nation "at the right time."

President Donald Trump meets with North Korean leader Kim Jong Un at the demilitarized zone separating the two Koreas, in Panmunjom, South Korea. REUTERS

President Donald Trump became the first sitting U.S. president to set foot in North Korea on Sunday when he met its leader, Kim Jong Un, in the Demilitarized Zone (DMZ) between the two Koreas and agreed to resume stalled nuclear talks.

The meeting, initiated by a spur-of-the-moment tweet by Trump that Kim said took him by surprise, once again displayed the rapport between the two. But they are no closer to narrowing the gap between their positions since they walked away from their summit in February in Vietnam.

The two men shook hands warmly and expressed hopes for peace when they met for the third time in just over a year on the old Cold War frontier that for decades has symbolized the hostility between their countries, which are technically still at war.

Trump, escorted by Kim, briefly crossed a military demarcation line into the North side of the Joint Security Area (JSA), patrolled by soldiers from both Koreas.

Moments later, they returned to the southern side and joined South Korea's President Moon Jae-in for a brief chat, marking an unprecedented three-way gathering.

Trump and Kim then held a closed-door meeting for nearly an hour.

"We just had a very, very good meeting," Trump said after the talks. "We'll see what can happen."

He said both sides would set up teams to push forward stalled talks aimed at getting North Korea to give up its nuclear weapons, adding "speed is not the thing."

Pope Francis, making his weekly address in St. Peter's Square, praised the meeting. "I salute the protagonists, with a prayer that such a significant gesture will be a further step on the road to peace, not only on that peninsula, but for the good of the entire world," he said.

Trump and Kim met for the first time in Singapore in June last year, and agreed to improve relations and work toward the denuclearization of the Korean peninsula.

But the second summit in Hanoi broke down after the two sides failed to narrow differences between a U.S. demand for North Korea to give up its nuclear weapons and a North Korean demand for sanctions relief.

"PLENTY OF TIME"

Kim looked relaxed and smiled as he chatted with Trump amidst a throng of press photographers, aides and bodyguards.

Trump said the two leaders "moved mountains" to arrange the last-minute meeting.

"I was surprised to see you expressed an intent to meet," Kim told Trump, referring to Trump's offer for a meeting in a tweet on Saturday. Trump came to South Korea after attending a Group of 20 summit in Osaka, Japan.

"This is an expression of his willingness to leave behind the past and work toward a new future," Kim said.

Kim said it would be a great honor if Trump visited his capital of Pyongyang. The two agreed to visit each other's country "at the right time," Trump said.

"To cross that line was a great honor," Trump said, referring to his brief incursion into the North Korean side of the DMZ. "It's a great day for the world."

But there has been little sign that North Korea and the United States are any closer to narrowing differences on the nuclear issue.

U.S. Secretary of State Mike Pompeo told reporters shortly before departing South Korea that a fresh round of talks will likely happen "sometime in July" and the North's negotiators would be foreign ministry diplomats. REUTERS

Democratic candidates dump on Trump over North Korea meeting

Candidates running for the 2020 Democratic presidential nomination on Sunday criticized President Donald Trump's latest overture to North Korean leader Kim Jung Un, saying the leaders' meeting lacked substance and elevated a ruthless dictator.

The Republican Trump became the first sitting U.S. president to step into North Korea on Sunday, drawing on his penchant for showmanship and surprise to pull off talks with Kim in the Demilitarized Zone that divides the two Koreas.

The meeting, at Trump's last-minute invitation, drew praise from some including Pope Francis as a step toward peace. Critics called it a publicity stunt and said Trump wasted an important symbolic move when there has been little sign that North Korea has taken meaningful steps toward denuclearization.

REUTERS

A number of Democrats vying to replace Trump in the White House in the 2020 election said there was nothing wrong with talking to U.S. adversaries including Kim. This round of talks however, they said, should have followed intense preparations and substantive progress by North Korea on the nuclear issue. REUTERS

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WEEK 22: 7/1-7/7/19

Millions celebrate LGBTQ pride in New York amid global fight for equality

Millions waved rainbow flags to celebrate the LGBTQ movement.

Some 150,000 parade marchers and an estimated 4 million spectators commemorated the 50th anniversary of the Stonewall uprising that triggered the modern LGBTQ movement, with corporate sponsorship and police protection that would have been unthinkable half a century ago.

Similar parades were being held around the world, with celebratory events in liberal democracies and growing fights for equality in other places.

North Macedonia held its first Gay Pride march on Saturday. In Singapore, marchers called for scrapping a law banning gay sex. In Turkey, members of Istanbul's gay and transgender community gathered for a small rally that ended with tear gas and rubber bullets on Sunday after their annual march was banned for the fifth consecutive year.

"It's hard for us today, but can you even imagine what some of these people went through in the past? There's no way to thank them other than to express ourselves fully, truly and wholeheartedly, and to lift each other up while we do it," said Josh Greenblatt, 25, an actor wearing red sunglasses, a white crop top, ripped jeans and gold-heeled boots at the New York event. Greenblatt said he found his outlandish outfit "empowering," and he had plenty of competition from revelers stripping down to the barest of essentials and celebrating New York's legalization of toplessness for women.

REUTERS

GETTY IMAGES & BETSY MARCHETTI

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Hearse carrying the remains of Oscar Alberto Martinez Ramirez and his daughter Valeria arrives at La Bermeja cemetery in San Salvador. REUTERS

Bodies of Salvadoran migrants return home after border deaths

The image of the bodies of Oscar Martinez and daughter Angie Valeria went viral a week ago.

The corpses of a Salvadoran father and his 23-month-old daughter, whose bodies lying face-down in the Rio Grande became symbols of the perils of illegal immigration to the United States, were returned to their homeland on Sunday.

A stark photo of the dead Oscar Martinez, 25, and his daughter Angie Valeria floating near the bank of the river ignited fresh criticism of President Donald Trump's tough policies on undocumented migrants entering the United States via Mexico.

Martinez and his family had left El Salvador in April, hoping to find work in the United States. But their dream unraveled last Sunday when they tried to cross the river that separates northeast Mexico from the United States.

Traveling in a convoy of government vehicles and white vans from a funeral home, the bodies of the drowned migrants left Mexico for El Salvador, where they are due to be buried on Monday. Interior Minister Mario Duran accompanied the remains but did not speak to reporters.

Amid a large police presence, Reuters saw the convoy entering El Salvador at about 8:19 a.m. local time through the border crossing of La Hachadura on the frontier with Guatemala.

The family is to hold a private funeral service in La Bermeja cemetery in San Salvador on Monday.

The searing image of the prone Martinez with the toddler tucked under his black T-shirt has drawn comparisons to a 2015 photo of Aylan Kurdi, a 3-year-old Syrian refugee, whose body washed up on the shores of the Mediterranean. REUTERS

BRIEF

Pregnant woman among four killed in London

London Mayor Sadiq Khan said police were working around the clock after four people were murdered in a bloody 28-hour period for Britain's capital, including a heavily pregnant woman who was stabbed to death.

Kelly Mary Fauvrelle, 26, was around eight months pregnant when she died in the early hours of Saturday morning in south London. The baby was delivered and remained in critical condition. A 29-year-old man was in police custody.

In three separate incidents, two men died from stab wounds and a third following a fight, as the wave of violent murders that has gripped the capital continued. Five people were arrested.

The spate of deaths has drawn the attention of President Donald Trump and British rapper Stormzy.

"Our City Hall-funded Violent Crime Taskforce works around the clock to keep London's streets and communities safe," Khan said on Twitter. "Violence against women is endemic in society and devastating murders in the home, like this one, show the scale of the problem we face. My prayers are with this innocent child, and with the mother it has so tragically lost."

The spate of violent crimes has been seized on by Trump, who said earlier this month that Mayor Khan was a "disaster" and the situation would "only get worse" if he was not replaced.

Stormzy wore a Union Jack-emblazoned, stab-proof vest designed by the street artist Banksy for his history-making and politically charged headline performance at the Glastonbury Music Festival on Friday. REUTERS

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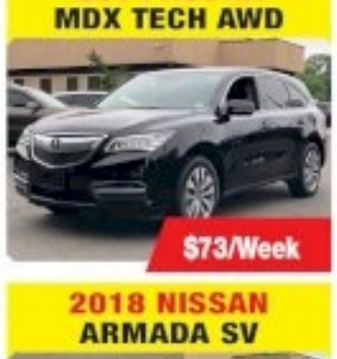
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Athletes try to cool down as they compete in the Ironman Triathlon European Championship in Frankfurt. REUTERS IMAGES

'Death Valley' temps ease as Europe burns, sweats in record heat

Temperatures in France reached nearly 115 degrees.

A four-day heat wave across Western Europe that killed seven people began to ease slightly on Sunday, as temperature alerts were cut back and wildfires slowly brought under control.

Most of the fires that had broken out Spain in recent days were stabilized, but firefighters were struggling to control a blaze in the central provinces of Toledo and Madrid that had burned more than 8 square miles since Friday.

In the northeastern town of La Almunia de Dona Godina, the temperature hit a scorching 108.3 degrees Fahrenheit. But five of Spain's 50 provinces were downgraded from "extreme" weather risk, leaving just two at the highest level, with 31 on weather alert.

In France, which experienced a national record of 114.6 degrees in the south on Friday, temperatures were set to fall gradually.

In Paris, a ban imposed on older cars to counter heat-related pollution was likely to be lifted on Monday, authorities said.

Nevertheless, some 25 out of around 90 French administrative departments had restricted water use, not least for farmers.

Jerome Despey, a wine producer in France's southwestern Herault region, tweeted photos of shrivelled grapes, and complained of "widespread damage."

Meteorologists say a weakening of the high-level jet stream is increasingly causing weather systems to stall and leading summer temperatures to soar. Five of Europe's hottest summers in the last 500 years have happened in this century.

"A RACE AGAINST GLOBAL WARMING"

The World Meteorological Organization said this week that the European heat wave was "absolutely consistent" with extremes linked to the impact of greenhouse gas emissions.

In Frankfurt, 3,000 athletes took part in an Ironman endurance race despite the heat.

"It felt like a race against global warming — you could have fried an egg on my head," said Sebastian Kienle, who finished second in the men's race.

In the women's event, race leader Sarah True of the United States collapsed within a kilometer of the finish line of the closing marathon stage.

True, who had already completed a 3.8-kilometer swim and 185-kilometer bike ride, was carried off the course and had to be restrained by first-aid workers concerned for her well-being.

At a post-race news conference, she said she was feeling better, but did not remember the final miles of the race.

Addressing thousands of people in St. Peter's Square, Pope Francis said he was praying for those suffering most from the heat wave — the sick, the old, construction workers and those who had to labor outdoors.

"May no one be abandoned or exploited," he said.

On Saturday, one 53-year-old crashed after feeling unwell while competing in a cycling race in France's Ariege region, in the foothills of the Pyrenees, and died, local public prosecutor Laurent Dumaine said on Sunday.

The race was called off after several participants were taken sick due to the heat, organizers said. REUTERS

LIFESTYLE

Stacey Abrams on the state of our nation

GETTY IMAGES

The Georgia Democratic leader will be speaking at this year's OZY Festival.

PAT KING
patrick.king@metro.us

With the conclusion of the first two Democratic primary debates of the 2020 election behind us, we are now getting a clearer picture of a possible change of power in Washington. We spoke with Georgia leader Stacey Abrams, who will be speaking at this year's OZY Festival, about the rights we need to protect as American citizens given the current state of our nation and whether or not she will throw her hat into the 2020 race for the presidency.

We are currently living in one of the most politically divided times in our country's history. You will be appearing at this year's OZY festival. Tell us about your involvement and what kinds of messages you hope this festival will convey.

Well, I'm excited. This will be my first OZY Fest, but I have seen a bit about the previous ones and I'm excited to be a part of it. My work is focused on making certain that every American has full access to our democracy, because this is about power. It's about our power to shape our future, our power to participate and how our values are lived. And voter suppression, in my mind, is the strongest and most prevalent existential crisis that we face. Because our ability to make decisions about climate change, about reproductive choice, about criminal justice reform, about health care, all come back to the question of, do we have full participation in our democracy?

With today's Supreme Court decisions, we have seen a bit of a whipsaw where partisan gerrymandering will be allowed. But luckily, the citizenship question of the census won't be. And one of the conversations I hope we have is a conversation about the fact that this means every voice will count, and to an exceptional degree in 2020. That we must have every person's participation, because the decisions to be made for the next 20 years through redistricting will happen based on the census and based on our ability to elect leaders in 2020 who reflect our values and respect our choices.

> **"My work is focused on making certain that every American has full access to our democracy."**
>
> Stacey Abrams

It's an understatement to say that the Trump administration seems to be downplaying the threat of foreign influences on our elections. As someone who has suffered the consequences of election tampering firsthand, how important is it to make sure one of our most sacred rights as Americans remains intact?

Exactly. What we have to understand is that foreign influence has its effect, in part, because of the distance that's been created, from citizens and their ownership of their right to vote, and their ability to execute it. When you have three streams of information in an election cycle — good information, bad information and disinformation — if there isn't an active supply of good information, then either bad information or disinformation will guide the decisions made by the most vulnerable of our voters. And so, one of the joys of our campaign in 2018, for me, was being able to go into communities that have been unseen and unheard, that had been ignored by politicians and did not understand just how vital and effective they could be. We can't stop foreign influence completely. We can certainly do more to mitigate it. And I wish we had leadership in D.C., in the Republican Party in particular, that would be willing to take up the questions of election security. But, in lieu of their actions, our best defense is to have good information going to these editors. Making certain, as they know they have the right to vote, they understand what's at stake, but also that we have cleared a path within our power, which is to remove obstacles to voting by eliminating voter suppression.

We are currently in the beginnings of the 2020 election cycle. Many people thought you would be running. Is there still a possibility?

It is. No, it's still something I'm considering. I have always said I want to. I think that certainly, the fall is the deadline for making a decision, and that is what I'm looking at. But, you know, I will say that I will run if I believe that there is value that I can add to the debate, and add to the contest, and if I believe I can win. But I am incredibly pleased with the caliber and quality of the candidates we have now, which is why I haven't thrown my name into the ring yet.

Do you think having this many candidates hurts or strengthens the Democrats' platform?

I think it's a perfectly appropriate number of candidates. We forget that in 1992, I think it was 18 candidates. In 2016, it was certainly 18 candidates. We have had larger fields, I think on the Democratic side, because we have had smaller fields, both in 2008 and 2016. We have sort of a short-term memory problem that this is not an unusual surfeit of candidate. What is different is that the debates have started earlier, and the winnowing process is different than it was, you know, a generation ago.

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Health and wellness are important to everyone. Whether it's taking time out of your day to de-stress, trying to drink more fluids, getting your regular checkups in or simply altering your diet, we all are striving to live our best lives both mentally and physically. Wellness Above Walnut is here to help with that mission. The newly opened space is a one-stop shop for all things wellness. Sisters Christie and Casey D'Arcy wanted a place where they could offer their services (Casey's Luminous Chiropractic, Christie's City Hydration) and also invite other wellness professionals in, to set up shop and make maintaining a healthy lifestyle that much easier. At the moment, Wellness Above Walnut offers chiropractic services, IV therapy, massages (Paulina Walska's Muscle Melt Massages) and nutritional guidance (with health coach Jessica Sullivan). But the D'Arcy sisters want this to be a jumping-off point for others to join in, and hopefully expand into a wellness mecca for all.

Christie and Casey sat down with Metro and gave us the scoop on what to expect at their newly opened health hot spot, Wellness Above Walnut.

How did you both get started in the health care industry?

Casey: I actually got into chiropractic because of how much it helped my mom when I was really young. She had tremendous success with migraines with the chiropractors in the town I grew up in, and I started to shadow the chiropractors. I just loved their lifestyle. It was very healthy and holistic. I knew I wanted to

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help people, I just didn't know in what capacity, and chiropractic is just such an overlooked industry — it's so underutilized but it's incredibly important and it has tremendous results to help people get well. I believe the spine is the most underlooked body part in our health care system, because no one pays attention to it or checks it until there's a problem. But it's just like any other body part: If you practice prevention, you can avoid some devastating results.

Christie: I've been a nurse for over 12 years and worked in hospitals systems for over 14. I was in critical care, the ICU and the ER, where we use IV therapy on literally every patient that walks in the door. So I saw the benefits. I think every nurse or any health care professional has always known it. When I was a travel nurse and out on the West Coast, I saw IV bars everywhere, and I just thought it was a genius idea. It was kind of mind-boggling that the East Coast hadn't adopted it yet. So I decided to leave the ER and try and start my own business. I came back home and opened up my pop-up office in the back of Casey's chiropractic office. This tiny, four-chair room ended up being incredibly busy and within our first year, we expanded to three different locations. So right off the bat, it was clear this was something people were interested in and excited about.

When did you decide to open Wellness Above Walnut?

Christie: It was about a year ago we started coming up with the idea of it because we were really outgrowing the space we were in. All of our clients value our opinion, so they were asking if we knew where to go to get a good massage or cryotherapy, here or there. We were constantly seeking out other health care professionals and entrepreneurs and referring patients, and we all kind of thought, what would it be like if we all worked out of the same space? It would just make it easier for everyone if they had one go-to for all things wellness.

What does Wellness Above Walnut offer?

Casey: We are working on figuring out the membership aspect as we go. Most of our patients are taking advantage of everything that's here with the chiropractic, massages, IV therapy and nutritional health services with our health coach Jess Sullivan. When a new patient shows up, we will do a kind of consultation to see what they might need. Physically they are coming in looking for something, and we [add on] if necessary. Maybe a massage would be a good adjunct, or if they're really dehydrated — whatever it might be, we refer patients to one another. But it's not quite a walk-in a la carte place right now. We will be offering more services. We want to add meditation classes and yoga classes at off-hours — whenever the office isn't lively, more or less. But what we really are trying to create is a wellness studio, basically a WeWork of wellness. We want other entrepreneurs to kind of run their own businesses and take over their show. We don't collect a profit from their services, so we are trying to promote entrepreneurship in the wellness industry. We want to keep expanding and open up in more and more space to have more providers. We don't want it to be like a beauty place or a spa, we want it to be about healing.

Wellness Above Walnut is located at 1315 Walnut St., Suite 1132. For more information, visit wellnessabovewalnut.com.

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5 Fun things to do in Philly this week

Get an inside look at the music industry, spend the Fourth at a cookout, and much more.

MOLLY GIVEN
Molly.Given@metro.us

Looking for some fun and unique things to do in Philly this week? We've got you covered. Here are five fun things to do in Philly this week.

Summer Beer Garden at the Mütter

Head to the Mütter Museum to indulge in their one-of-a-kind seasonal beer pop-up where their medicinal garden is transformed into a delicious retreat throughout this sunny season. Philadelphians can enjoy seasonal sips including alcoholic and non-alcoholic beverages, Okie Dokie Donuts, other light snacks such as pretzels and popcorn, late-night full access to the museum after hours and much more. There are a limited amount of tickets available for the Summer Beer Garden, so be sure to reserve yours ASAP by emailing Erin at ErinS@collegeofphysicians.org. The event will be going on rain or shine and is available for anyone 21+. *July 3, 6-10 p.m., Mütter Museum of The College of Physicians of Philadelphia, 19 S. 22nd St., $12, muttermuseum.org*

Fourth of July Brewery Cookout

If you're not in the mood to have your own cookout this Independence Day, don't sweat it. Love City Brewing is offering an open cookout to anyone who is staying in the city for the red, white and blue holiday. The cookout will feature refreshing draft options being poured all day long, classic cookout favorites (including burgers, hot dogs, corn on the cob and more), plenty of fun outside games including cornhole and much, much more. *July 4, noon-8 p.m., Love City Brewing Company, 1023 Hamilton St., pay-as-you-go, lovecitybrewing.com*

Kid Nation 2019

Get a sneak peek inside the music industry with the Live Nation Philly team. The whole family is invited out to experience this one-of-a-kind event at The Fillmore this week, and if you're interested in the biz at all, this is truly a treat. Guests can also enjoy delicious food, a high-energy video game room, a moon bounce, live performances from The Johnny Shortcake Show, and much, much more. According to the website, all ages are welcome but children under the age of 8 must be accompanied by an adult at all times. *July 2, noon-6 p.m., The Fillmore, 29 E. Allen St., thefillmorephilly.com*

Botanical Cocktails with Ketel One

Head to the PHS Pop-Up Garden on South Street to indulge in some enticing and spirited samples from Ketel One. Philadelphians can sip tastes of Ketel's Cucumber and Mint, Grapefruit and Rose, and Peach and Orange Blossom. Guests can also take home cucumber and mint seeds courtesy of Ketel One Botanical after the event, plus check out the other culinary and beverage options the PHS Pop-Up Garden has to offer. *July 2, 6-8 p.m., PHS Pop-Up Garden South Street, 1436 South St., phsonline.org*

July Ghost Tours

It may not be Halloween, but there are plenty of spooky happenings occurring around the City of Brotherly Love during the month of July. Join in on one of the most unique tours in Philly and uncover burial grounds, haunted mansions, unsolved mysteries and much more. This candlelit tour will be happening nightly throughout the month of July; tours depart every night from Signers' Garden at 5th and Chestnut streets. Any Philadelphian who wants to join in on all of the ghostly fun can save $5 on tickets by signing up online. *Nightly throughout July, 7:30-9 p.m., Signers' Garden, 5th and Chestnut, $11-$19, ghosttour.com*

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SPORTS

NBA landscape rocking

The NBA's free-agency period got off to a raucous start Sunday night.

MATT BURKE
matthew.burke@metro.us

The craziest free-agency period in NBA history kicked off Sunday night with a flurry of rumors, several reports of done deals, and multiple blockbuster trades in the works.

Here are updates on several key free agents as of press time.

Jimmy Butler looks to be exploring his options. GETTY IMAGES

Jimmy Butler

At the start of this past weekend it seemed certain that Butler was going to be headed to Houston in a sign-and-trade, but the Miami Heat and Los Angeles Lakers closed in on Sunday and look as though they have the inside track.

Butler was reportedly meeting with Heat officials last night in South Florida when the free-agency period opened at 6 p.m.

The Associated Press' Tim Reynolds tweeted Sunday afternoon that "Jimmy Butler is expected to tell Miami officials that he wishes to play for the Heat, per source."

ESPN's Adrian Wojnarowski also reported that Butler will be traveling to Los Angeles to meet with the Rockets (and potentially the Lakers as well).

Butler declined his $19.8 million player option with the Sixers, but the team has not ruled out a sign-and-trade with another team.

In a sign-and-trade with the Heat, the Sixers would likely get back 25-year-old swingman Josh Richardson. Richardson had a breakout season in 2018-19, averaging a career-high 16.6 points per game.

Tobias Harris

NBC Sports Philadelphia's John Clarke reported Sunday night that the Sixers met with Harris right at 6 p.m. when free agency officially opened.

JJ Redick

Wojnarowski reported right after 6 p.m. that the New Orleans Pelicans will sign the now-former Sixers sharpshooter.

The only real good news early in free agency for Sixers fans was that the team was having discussions with star guard Ben Simmons on a contract extension.

Kevin Durant

Durant and Kyrie Irving will sign with the Brooklyn Nets, with Durant nabbing a four-year, $164 million deal and Irving getting four years at $141 million. Brooklyn will also sign DeAndre Jordan.

Durant announced his intentions on The Boardroom Instagram account, with the post: "Kevin Durant to sign with Brooklyn Nets. Kevin Durant has confirmed he will sign a max deal with the Brooklyn Nets when the free agent moratorium period ends on July 6."

A Notorious B.I.G. song played with the post. Biggie was famously born in Brooklyn.

The Nets will likely be without Durant's services during the 2019-20 season as he recovers from an Achilles tendon rupture.

Kawhi Leonard

FOX Sports' Chris Broussard tweeted out on Sunday that he was hearing "strong rumblings" that the Lakers were in the lead for Leonard. Heading into the weekend, it looked as though Leonard would either be heading back to Toronto or to the Los Angeles Clippers.

Kemba Walker

Walker will sign a four-year, $141 million deal with the Celtics, as was rumored for several days.

Al Horford

The Sixers have been linked to Horford for several days, but on Sunday it was revealed that the Celtics were looking to make several sign-and-trade deals (with Terry Rozier going to Charlotte) in an attempt to bring back Horford.

A "source close to Horford" told the Boston Herald's Steve Bulpett, however, that "even after all the Celtics' cap gymnastics, [Horford] will not be winding up back in Boston."

Here are several other key transactions that are expected to take place:

- Khris Middleton return to the Milwaukee Bucks.

- Brook Lopez to return to Milwaukee Bucks.

- Nikola Vucevic to return to Orlando Magic.

- Memphis Grizzlies to retain Jonas Valanciunas.

- Derrick Rose likely to Detroit Pistons.

- Denver Nuggets likely to retain Paul Millsap.

- Harrison Barnes will return to the Sacramento Kings.

- Gerald Green to return to the Houston Rockets.

- Garrett Temple will sign with the Brooklyn Nets.

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Sports betting 101: What is a push?

SugarHouse Casino's sportsbook manager dishes out the basics of sports betting.

JIM LLEWELLYN

Jim Llewellyn is the sportsbook manager at SugarHouse Casino.

GETTY IMAGES

While it doesn't happen often, there were two ties in the NFL regular season last year.

Occurring much more frequently are ties in sports betting. Whenever you hit the spread on the nose, you essentially tie with the sportsbook, and this tie is called a "push."

Here's an example: Right now at the SugarHouse Casino Sportsbook at **MetroBet.us/Sugar**, the Eagles are favored by nine points (-9) in their Week 1 home game against the Washington Redskins. Let's say the final score is Eagles 30, Redskins 21.

Then let's say, for the sake of this example, that the Eagles won the actual game by nine points, matching up with our pregame spread.

Whenever a push like this occurs, no one wins, and you essentially get your money back.

We like to avoid pushes at **MetroBet.us/Sugar**, so most set lines include a half point.

For instance, the first game of the 2019 NFL season is Packers at Bears, with the Bears favored by 3.5 points. Let's say you bet on the Bears to cover the spread but the final score is Bears 30, Packers 27. Under this scenario, you'd take a hard-luck loss, as Chicago only won by three points, a half point below the spread.

To bet now, go to **MetroBet.us/Sugar** and get up to $250 in a first-deposit match bonus by using promo code **METROBET**.

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Best Bets

Orioles vs. Rays game pick

The Baltimore Orioles and Tampa Bay Rays are likely to engage in a bullpen game at Tropicana Field on Monday night. The Rays, who coined the term "opener," should take this tilt handily as Ryne Stanek (0-1, 2.76 ERA) squares off with Jimmy Yacabonis (1-2, 5.96 ERA).

Stanek allowed just four earned runs in 13 1/3 innings of work (10 appearances) in June. The native Kansan owns an outstanding 0.73 ERA at home along with an opponent batting average of .186 in 24 2/3 innings.

To bet on this game now, go to **MetroBet.us/Sugar** and get a risk-free deposit match for up to $250 by using the promo code **METROBET**.

Rays reliever Ryan Yarbrough is likely to eat up innings behind Stanek in this one, and he's done well against this Baltimore lineup in the past, particularly against left fielder Trey Mancini (0-for-6, two strikeouts).

Yacabonis was ineffective in his most recent outing against the Padres (June 25), allowing five runs on five hits and a walk in 2 2/3 innings.

The play: Rays -230

ROBERT CRISCOLA

SH DAILY LINE

MLB

BALTIMORE ORIOLES +190 AT TAMPA BAY RAYS -230

KANSAS CITY ROYALS +110 AT TORONTO BLUE JAYS -120

CHICAGO CUBS +105 AT PITTSBURGH PIRATES -115

MILWAUKEE BREWERS -110 AT CINCINNATI REDS +100

SAN FRANCISCO GIANTS +140 AT SAN DIEGO PADRES -155

LOS ANGELES ANGELS +140 AT TEXAS RANGERS -155

WOMEN'S WC

USA -155 VS. ENGLAND +330
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MATT BURKE

Matt Burke is a veteran sports journalist and the Founder and Editor in Chief of MetroBet.

We are 169 days removed from the last Eagles game, and now just 70 days away from their first regular-season game of 2019. On Sept. 8 at 1 p.m., the Birds will take on the Washington Redskins at The Linc, kicking off another season with Super Bowl aspirations.

MetroBet.us/Sugar has had Week 1 lines available since the 2019 schedules came out in April, with the Eagles favored by nine points over Washington.

The moneyline for Eagles versus Redskins is currently: Eagles -375, Redskins +285.

The -9 line in favor of the Eagles is incredibly high for an NFL Week 1 game, but also an indication that sportsbooks believe in this year's Eagles team.

The -9 spread is the highest Week 1 spread in the entire NFL right now at **MetroBet.us/Sugar** but it seems fair. Right now the Eagles have the fifth-best Super Bowl odds at +1200 and the Redskins have +12500 odds of capturing the Lombardi Trophy this season. In other words, if you bet $100 on the Eagles to win it all, you would win $1,200, and if you improbably bet on the Redskins to win it all (that'd be quite the hunch!), you would get a massive payout of $12,600 if it came to fruition.

GETTY IMAGES

These Week 1 lines are sure to change over the course of the next few weeks as media narratives about certain teams are written and discussed, so now is as good a time as any to get your bets in early. For instance, the Eagles-versus-Redskins line will likely go up to 10 or 10.5 — if you can believe that.

Once people start to really break down this game, they'll see that the Redskins have two options to start at quarterback: rookie Dwayne Haskins or veteran Case Keenum. A rookie quarterback on the road with subpar offensive talent around him is doomed for disaster. We all remember what the Eagles did to Keenum in the NFC title game a year and a half ago.

Go to **MetroBet.us/Sugar** now to get your early bets in and you can get a risk-free deposit match bonus for up to $250.

Here are the other Week 1 NFL lines:

Green Bay at Chicago -3.5
Atlanta at Minnesota -3.5
Baltimore -4 at Miami
Buffalo at NY Jets -3.5
Kansas City -3.5 at Jacksonville
LA Rams -3 at Carolina
Tennessee at Cleveland -5.5
Cincinnati at Seattle -8.5
Indianapolis at LA Chargers -3
Detroit -2.5 at Arizona
NY Giants at Dallas -7
San Fran at Tampa Bay -1
Pittsburgh at New England -6
Houston at New Orleans -7.5
Denver at Oakland -2.5

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7:00 pm	**MLB Baseball** Chicago Cubs at Pittsburgh Pirates	ESPN
7:00 pm	**MLB Baseball** Milwaukee Brewers at Cincinnati Reds	ESPN+
7:00 pm	**Canadian Football** Toronto Argonauts vs. Saskachewan Roughriders	ESPN+
10:00 pm	**MLB Baseball** San Francisco Giants at San Diego Padres	MLB Network

MLB best bets: Angels at Rangers

MetroBet takes a glance at one of the more bet-friendly games on the MLB slate for Monday.

The Los Angeles Angels are expected to promote Jose Suarez (2-1, 5.57 ERA) from Triple-A to make his fourth start of the year. Regardless of who they turn to on Monday, Mike Trout and company appear to be in trouble as they must face Mike Minor (8-4, 2.40 ERA) and the Texas Rangers in Arlington.

To bet on this game now and get a risk-free deposit match bonus up to $250, go to **MetroBet.us/Sugar** and claim your money by entering promo code **METROBET**

Suarez's last big-league start came on June 20, and he surrendered five runs on eight hits and three walks in five innings to a moribund Blue Jays offense. The Rangers, third in the majors in runs per game in their own ballpark (5.70), should have no problem scratching out runs on Monday night.

Meanwhile, Minor is fresh off a complete-game, one-run performance against the Detroit Tigers. The southpaw pitched to a 1.70 ERA in June.

The play: Rangers -155

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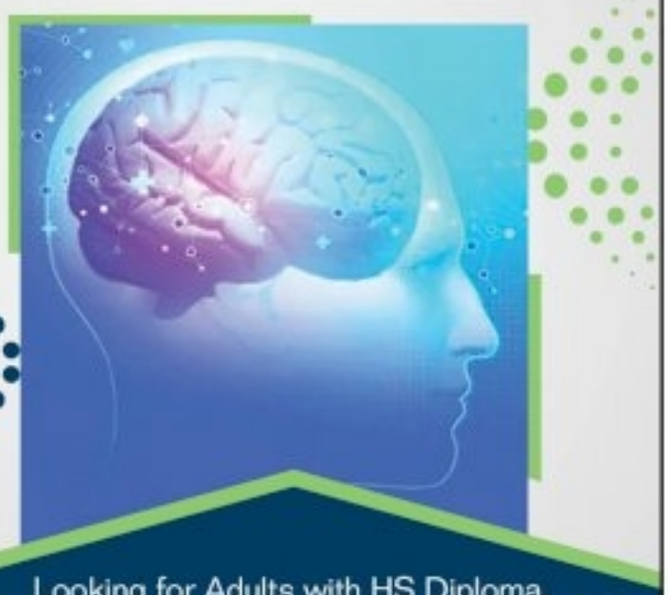

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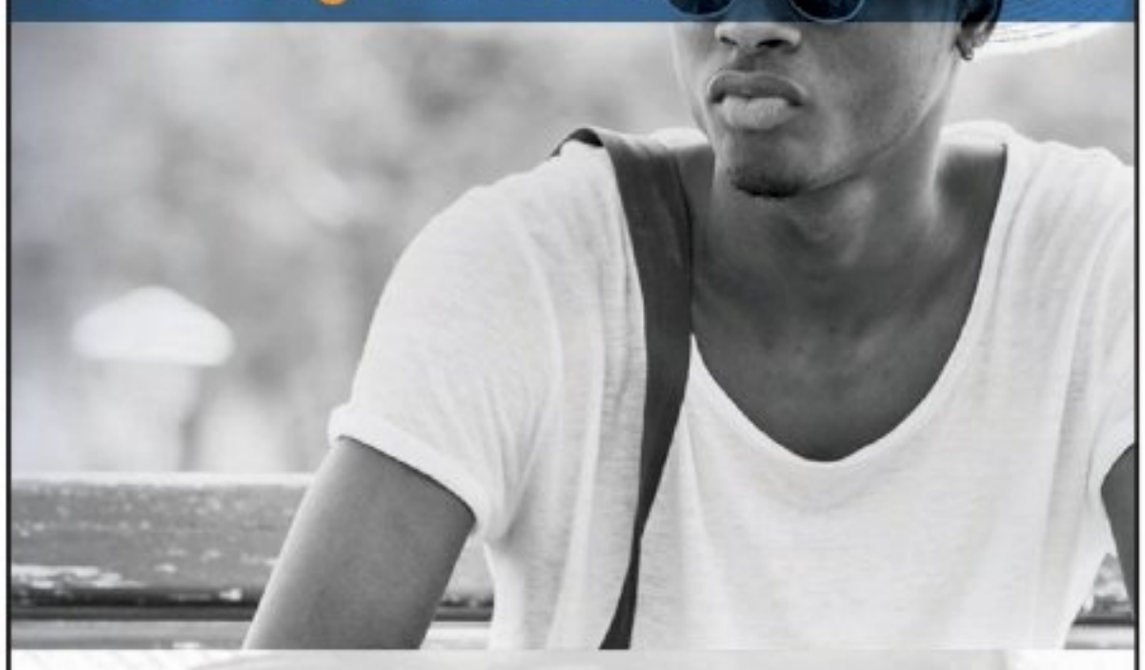

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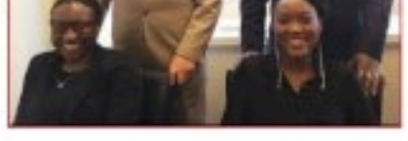

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Immediate openings

Competitive wages & benefits • Free CDL Training
A Sign on Bonus for drivers with a
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STOP

The Job Fair will take place:
July 9th and 10th from 9am - 2pm

The Location is:
Local 623 Union Hall, 4369 Richmond Street
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Easily accessible by car and bus…
Septa has 3 bus routes that will drop you off directly
in front of the building:
the J bus, the 25 bus & the 73 bus

Please call **215-383-0470**
for more information about our Job Fair!

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Housekeeping - 9 weeks

START DATE: Monday, July 8th, 2019
APPLICATION DEADLINE: July 5th, 2019
CLASS DAYS & TIME: Monday - Friday • 8:30am - 2:45pm
CONTACT: Mrs. Council-Grant, Admissions Specialist
215.236.7700 (ext. 325)
LOCATION: 1231 N. Broad Street, 4th Floor, Philadelphia, PA 19122

REQUIREMENTS:

- Must bring your **High School Diploma/Transcript or GED**
- Must bring a **Valid State ID** (school ID not permitted)
- PA/DE & NJ Residents are welcome
- Must apply at OIC **Monday - Friday from 9am - 2pm**
- TABE Testing Administered on site
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Tiffany Darby unit #1151;
Reena Ghosh unit #1423;
Dominic Sabasino Jr. unit #2061;
Patricia Prusinowski unit #2161;
Shaheed Branch unit #2267;
Francis Feather units #2392 & #2393;
Kevin Provost unit #2459;
Chomroen Chea unit #2474;
Dennis Swift unit #2532;
Michelle Decarlo unit #2597;
Jack Armour unit #2602;
Chenel Wilson unit #2609.

This sale may be withdrawn at any time without notice. Certain terms and conditions apply.

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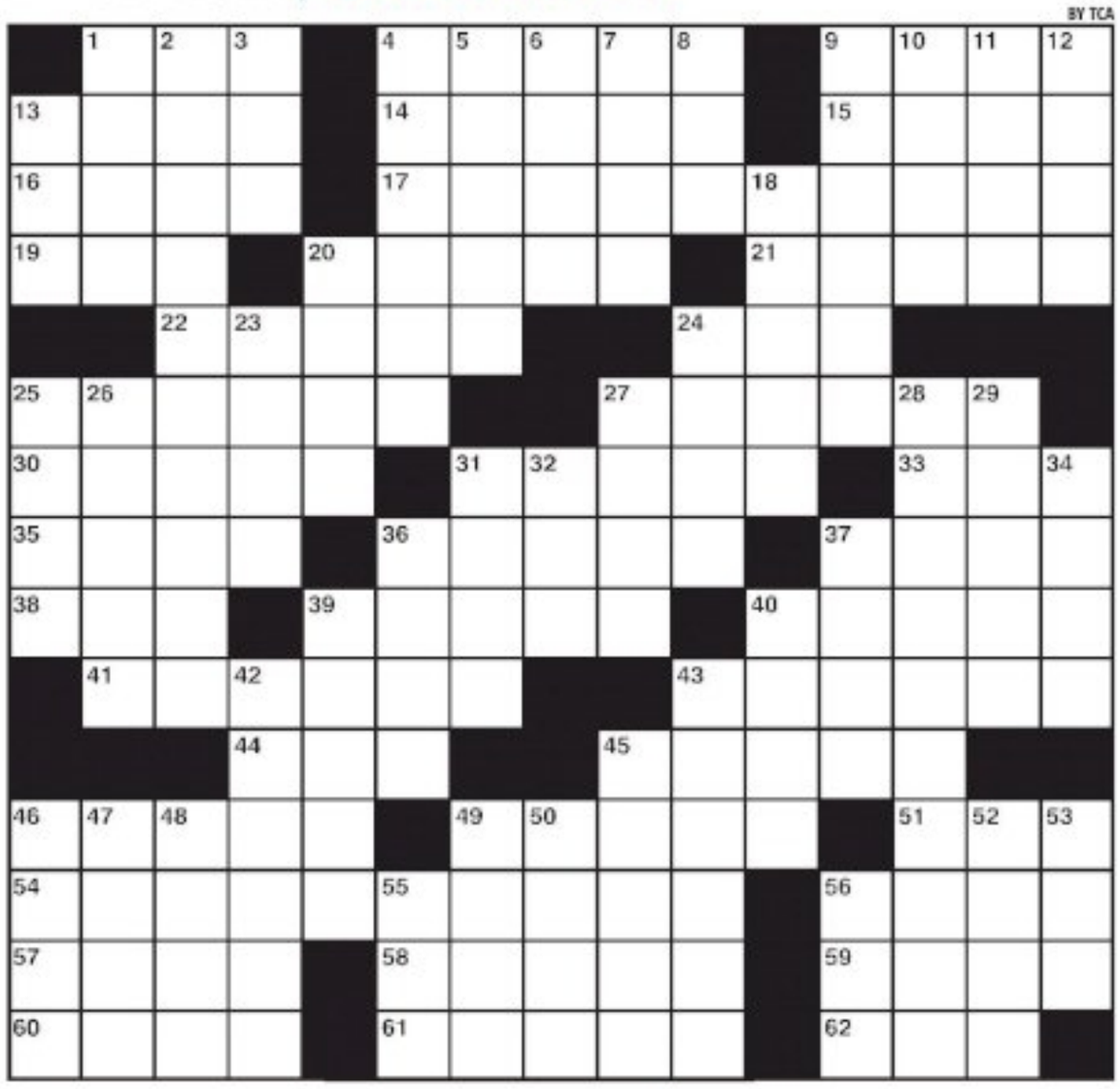
GAMES

metro.us/crossword

BY TCA



Check your answers at metro.us/games

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ACROSS

1 Deadly critter
4 Standard car feature
9 Up in __; irate
13 Make hazy
14 Vietnam's capital
15 Island feast
16 Dog food brand
17 Criminal's aide
19 Bread for a Reuben
20 Scumbag
21 Sausages, often
22 Meanders
24 Actor Daniel __ Kim
25 Segel & Ritter
27 Frankness
30 Embrace as one's own
31 Only one-syllable U.S. state
33 Study of plants: abbr.
35 Bekins vehicles
36 Knox & Worth
37 Dead giveaway
38 Paris pal
39 Penniless
40 Elevate
41 Petrified
43 Moved just a bit
44 Prefix for day or way
45 Good wood for rafts
46 Frequently
49 Playground item
51 Lid
54 Sin
56 Mother lode location
57 Social misfit
58 Saying
59 Leave suddenly
60 Observes
61 Less adorned
62 Not __ more; no longer

DOWN

1 Actress Sheedy
2 Part of SST
3 In favor of
4 Bracelet danglers
5 Shoestrings
6 __ in a while; occasionally
7 Chicken's home
8 Actress Delaney
9 United with others
10 Destroy
11 "__ the Knife"; Bobby Darin hit
12 Takes to court
13 Tavern
18 LAX arrival
20 Isn't able to
23 Fumbler's word
24 Quayle & Rather
25 Coffee
26 2nd U.S. president
27 Give a traffic ticket to
28 Duty
29 Awaken
31 Frame of mind
32 Flood refuge
34 __ off; irritated
36 Mr. Flintstone
37 Womanizers
39 __ up; mention
40 Regulation
42 Makes right
43 Burrowing mammal
45 Pig out
46 Possesses
47 Unrestrained
48 Ripped
49 Soft drink
50 One not to be trusted
52 "Beauty is __ skin-deep"
53 Flea collar wearer
55 Apply finger paint
56 Business deg.

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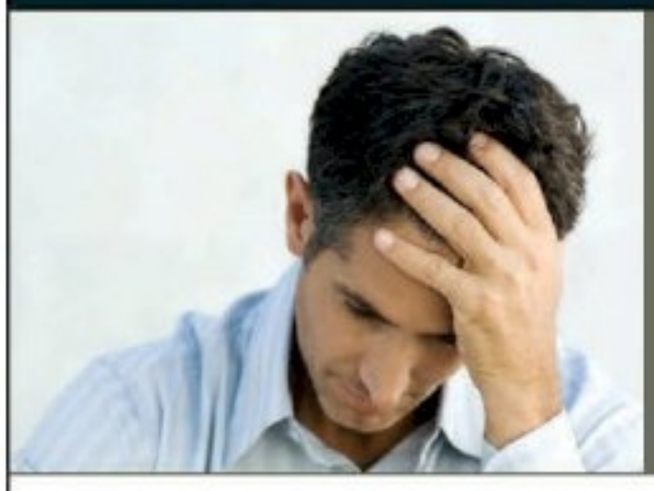

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